

From Chaos to Opportunity

Thriving in a Changing Workplace

Half-day Course

Description: You no longer question whether you will experience change in your workplace. You now have questions when something is not changing. Change is the new normal. Much attention is given to change management, but in reality each one of us must lead ourselves in the chaos created by constant change in the new workplace. Participants in this course will consider the nature of change and personal reactions to it. You will see that there is opportunity in change and be prepared to adapt for your success as well as the success of the organization.

Outline:

- Consider why change is normal
- Clarify how change creates chaos
- Differentiate between what changes and what stays the same
- View change with a neutral perspective
- Search for opportunities in change
- Learn to adapt to change based on your skill sets and experience

Objectives:

- Accept the reality of change
- See beyond the chaos change creates
- Find stability in the midst of change
- Leverage the opportunities that are present in change
- Ensure your value to the organization in the midst of change
- Become adaptive